

Dilworth Community Association PO Box 36023 Charlotte, NC 28236-6023

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Don't Miss

Want to volunteer in the Home Tour homes? See page 4.

Preview Home Tour homes starting on page 7.

From kid-centric activities to adult beverages and music. The Jubilee is back! Page 15.

What Dilworth eatery is a fusion of two cuisines? The mystery is solved on page 24.

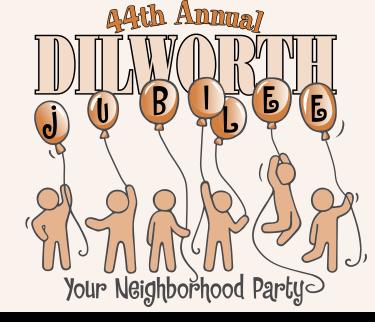
Believe it or not – there are other interesting events this month in Dilworth. Find out what they are on page 29.

A catnapping in Dilworth! Find out how you can help on page 35.

A huge thank you to our editor for years of service. Find out who on page 43.



Tickets are available at Dilworth Drug & Wellness, Paper Skyscraper, Park Road Books and both locations of Ultra Running Company; as well as online at www.dilworthonline.org



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Saturday Oct. 6 • Latta Park • Food and Beverage: 4-9 pm • Pet Parade: 5-6 pm • Live Music: 6-9 pm

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Deadline for Next Issue:

Ads: October 15

If you are interested in advertising in the Dilworth Quarterly, email Mary Beth Sensabaugh at mSensabaugh@carolina.rr.com. Rates and sizes can be found on dilworthonline.org.

Copy: October 31

Copy and ads received after the deadline may be held for a later issue.

The Dilworth Quarterly is written by volunteers and proudly printed on 30% reused and 100% recycled paper. It is published under the direction of the DCA and is mailed 4 times a year to over 5,000 households and businesses in the Dilworth community. While we make every reasonable effort to verify the integrity of our advertisers, we do not endorse products or services unless specifically stated.

From the President



Michael Baker DCA President

Much to Look forward to in Dilworth

During the summer months a lot of organizations take time away from their normal activities and functions. For the Dilworth Community Association board this does not ring true, as we are at an all time high addressing projects and issues to make our neighborhood even better. Below are just a few of the pressing items we are addressing and planning for Dilworth.

The land use committee chaired by Jill Walker has been hard at work with Duke Power designing the new power substation that will blend in as much as possible. They have spent hours searching for ways to screen and plant along the station while respecting Duke's need to increase electric distribution to an ever growing city. The storm water project along Romany Road has also taken high priority for the committee as well as addressing the day in and day out siege of developers wanting to make density changes in our neighborhood.

Valerie Preston and her home tour committee are hard at work to secure and staff seven homes for our annual fall home tour that showcases the beautiful and charming neighborhood we live in. This years recipient from ticket sales with be the Dilworth Elementary School as selected by our philanthropic arm Dilworth Cares. Be sure and save the date Sept 14th and 15th or better yet volunteer to be a home docent in our largest fundraiser of the year.

Plans are underway for the 44th annual Dilworth Jubilee, on Saturday, October 6th in Latta Park. Live music, childrens events, and our ever popular pet parade will bring families together for a family fun filled night in our oasis right in the middle of our neighborhood. Save the date and come meet and socialize with other neighbors while enjoying local craft beers and food trucks. Special thanks to the committee that pulls this favorite event for our neighborhood.

Dilworth is a vibrant community that is coveted and enjoyed by citizens all across Charlotte, and as you can see it doesn't just happen. People put in countless hours volunteering to keep the neighborhood what it is today and to keep it going for future

Dilworth Quarterly

generations. In the grand scheme of things this board is just here for a short time in Dilworth History, so we need new people and more volunteers to keep the momentum going. Please reach out to me or any board member to get involved, and a special thank you to all the people that do so much for our neighborhood. All of your efforts and determination are greatly appreciated and make Dilworth what it is today.

At the end of the day ask yourself, what have I done to make Dilworth a better place ?





November 7 Wednesday 7:00 PM **Morehead Inn**

Be a part of all the exciting things happening in Dilworth!

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Valerie Preston Home Tour

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Valerie Preston 2018 Home Tour Chairperson

DCA Board Meetings Stay tuned via Dilworth Express

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www.dilworthonline.org

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Dilworth **HOME TOUR 2018**

By Valerie Preston

The Dilworth Community Association and Wyndham Mortgage Capital are thrilled to present the 46th annual Dilworth Home Tour! This much anticipated event welcomes quests to tour Charlotte's first Streetcar Suburb. Explore our front porch way of life and enjoy our many local businesses. The Home Tour is the only fundraiser for the non-profit Dilworth Community Association (DCA). Proceeds support both the DCA's efforts to serve the Dilworth community and environment and the current Care Campaign Recipient. We're excited to announce that the 2018-2020 recipient, selected by the DCA's philanthropy committee, Dilworth Cares, is the New Dilworth Elementary.

Seven beautiful homes and gardens will be open for viewing on Friday, September 14 from 6pm-9pm and on Saturday, September 15 from 10am-4pm. As always, these homes are prime examples of the broad diversity of Dilworth living. Explore architectural styles from Craftsman to Colonial Revival to Contemporary and more. One home was meticulously

restored to historical standards and presented with the Preservation Award while another is an expansive transitional new build. Walk through one lush outdoor rehabilitation project then enjoy a beautiful landscape design that features only native species and no grass. Look for a century old treasure discovered in an attic during a renovation and then search for the hidden bedroom in another house.

Sodoma Law will open the doors to their offices at the historic Brem House. The Brem House, a Colonial Revival, is one of the oldest houses in Dilworth and an excellent example of an historical renovation that accommodates office space.

Don't wait to get your tickets - the 2017 tour sold out! Advance tickets are \$25. On the days of the tour tickets will increase to \$30.

Check out https://www.dilworthonline.org for tickets and information. Tickets may also be purchased at these local retailers: Dilworth Drug & Wellness (cash or check only), Park Road Books (cash or check only), Paper Skyscraper and Ultra Running Company.

Keep in mind...

Bike and Browse - Charlotte B-cycle is back again this year with free bikes for the tour.

Tour and Toast - Make it a night out. Bonterra is offering half price glasses of wine for the tour.

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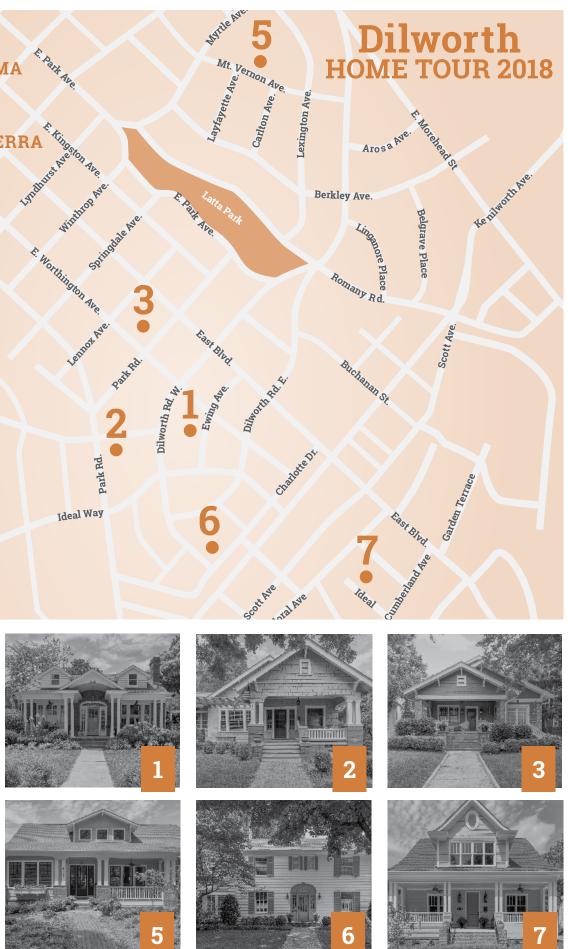
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SODOMA BONTERRA Werson Way Winthrop 1 Ideal Way

Dilworth HOME TOUR 2018

Friday, September 14 from 6 to 9 p.m. Saturday, September 15 from 10 a.m. to 4 p.m.





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1910 EWING AVE.



BJ, Laura, and Harper Smith, along with their Labradoodle Harley moved from Sedgefield to 1910 Ewing Avenue in March 2015. Constructed in 1926, the house was originally a 3 bedroom and two bath home. The owners previous to the Smiths modernized the home's kitchen, dining room, and master bedroom and bath. Knowing this would be their forever home, the Smiths had visions for their own renovations. Since 2016, they have restored the carriage garage into a wonderful multipurpose space, added two bedrooms, a bath and a back porch along with extensive landscaping.

Laura has filled the home with a mix of unique, antique, and modern pieces. There are treasures purchased locally, from out of state antique shops, estate sales and many items handed down from both BJ's and Laura's

families. Even though some things are rare or unique, Laura insists that everything in the house is meant to be enjoyed. Her talent for decorating has created a home that is beautiful, welcoming, and full of personality.

BJ and Laura both have a love for family history. Don't miss the hand drawn maps of the Cooper and Ashley Rivers handed down to BJ by his grandfather or the old ladder in the office used by Laura's great-greatgrandfather on the farm that is still in the family today. In the kitchen you may notice the English tea pots and bone china from Laura's English born grandmother. Some of the pieces have been in her family for five generations.



The Gutierrez family moved from Miami to this Arts and sink and exposed brick from the original kitchen plus Crafts bungalow in May of 2015. The home was move the light fixture that once hung in the dining room. The in ready as it had been lovingly restored in 2006 by the fixtures in the kitchen and hallway are also original to previous owners. In fact, the project was awarded the the home. In keeping with the period, the slate roof was 2006 Preservation Award by the Historic Commission. reclaimed from a church in Columbus, GA, along with The Gutierrez family are the sixth owners of this gem. the wrought iron fence in the backyard. In the hallway, there is a display of photographs of the Patrick, Lauren, and their 3 children love the character original owners who lived in the home for 75 years!

During the 2006 renovation extra care was taken to maintain the original style, elements, and history of the home. They reused the existing windows, moldings, interior panels as well as the French doors. The original heart of pine and oak floors (with the exception of the rear second floor bedroom) were expertly refinished to their original luster. The powder room boasts a pedestal







2019 PARK RD. 2

of their home and appreciate the detail that went into its meticulous renovation. They are adding their own history to the home. Much of the furniture has been in Patrick's family for generations and there are several original paintings created by his family members in Cuba.



823 E WORTHINGTON AVE.

513 MCDONALD AVE. 4



Tom and Susan Quigley have called 823 E Worthington Ave. home since downsizing in 2013 when they became empty nesters. After 23 years in the South Park area, the Quigleys wanted a home closer to Uptown in an historic neighborhood. Dilworth fit the bill for this next phase of their lives.

This Cottage style home was built in 1912 and was originally owned by R.R. Beatty, of the once prominent Drug Store franchise. The home features a front gabled roof with decorative period brackets and stone posts on the expansive front porch. At some point the home was divided into a multifamily apartment but was fully renovated and restored to a single family home in 2007. At that time a master suite was added upstairs. Be sure to look for the photographs of the original home during your tour!

Some of the many interesting features of this home include a hidden bedroom, an original butler pantry, and a phone cabinet. The home also boasts the original large pocket doors and an exquisite decorative ceiling. The spectacular outdoor living area was designed by Johnny Massengale for the Quigley's in 2016. In addition to the gorgeous landscaping, the updated space includes a hot tub, a convenient outdoor kitchen, a beautiful water fountain as well as a fire pit.

The Quigley's once lived in London for four years where they aquired some unique antique furniture. Be sure to look for an impressive Grandfather clock from Scotland, with William Wallace painted on the face.



In April of this year Brian and Amy Palank moved from foyer, custom overdyed Turkish rugs, and many other the penthouse condominium at the Metropolitan into furnishings made specifically for the Palanks. The their perfect home at 513 McDonald. This brand new luxurious state of the art kitchen boasts Quartzite spacious Craftsman-style home has over 4000 square countertops and a live-edge acacia breakfast table. feet. There are two beautiful porches. The inviting front The kitchen opens onto the living area where the focal point is a grand fireplace surrounded by slate look porch allows the Palanks to interact with their new porcelain tile and a reclaimed barn wood wall. neighbors and instantly feel connected to Dilworth. The back porch is a beautiful screened in outdoor living The Master Bedroom has a custom made brushed silver space with a cozy cedar-mantled fireplace that feels canopy bed and cowhide end tables. The magnificent nestled in the trees. Master Bath has a gleaming Chevron-patterned Carrera Architecturally, there are touches of natural stained marbled floor and beautiful view of the trees.

Architecturally, there are touches of natural stained wood both in and outside the home. Interior Designer Tom Holley of Crazy Jane's helped keep the home's charm front and center with unique lighting selections throughout the home, a silver resin console in the









5 809 MT VERNON AVE.

2125 DILWORTH RD. EAST 6



Krista and Paul Tillman have been calling 809 Mt Vernon Avenue home since moving from Myers Park in November of 2015. Designed by architect Don Duffy to replicate the Craftsman bungalow style of homes dominant in Dilworth, this newly constructed three-bedroom, threebath home is expertly designed for both empty-nesters or a family. The first floor Owner's suite, coupled with His and Her offices (which could double as nursery or craft rooms) make this unique floorplan truly one of a kind.

Krista can be credited with an expert eye for art and design. This home blends the traditional and contemporary seamlessly. The first floor features a beautifully appointed, two-person chef's kitchen with specially constructed paneling to obscure the hidden television. Antique doors leading into the living room from the foyer add that extra touch of yesteryear, as do the curated pieces of antiques collected during their

marriage. The spacious feel of the home is enhanced by the hand-crafted black iron staircase and wall of windows overlooking the back porch and yard. Upstairs, note that there are no mirrors in the second Master Bathinstead take in the view through the windows, revealing a magnificent tree line. And don't miss the "cubbies" built into the cabinetry in the Master Bath to cleverly hide all essentials.

Having two porches, the front porch overlooks the tree-lined street while the back porch has a fantastic view from which Uptown's skyline is visible, especially in the cooler months. All of the landscaping is entirely grass-free, instead opting for a preponderance of native plants. A permanent fire pit on the back patio helps warm those short winter nights. Raised beds with a variety of vegetable and flower gardens make this backyard oasis complete.



Cathia Friou, a rare Charlotte native, has only lived in 2125 Dilworth Road East for 5 years but has lived in Dilworth on and off for 25 years with her two daughters, Julia and Claire. This is her 6th Dilworth home in total, including two rental houses (in her earlier years). All of them have been on the South side of East Boulevard and she enjoys walking a nice loop from home to home.

This house was originally built in 1923 and sold for \$3,150. Prior to Cathia purchasing this four bedroom, three bath home in 2013, the previous owners did extensive interior renovations including adding a downstairs master bedroom and shiplap ceilings throughout the first floor. (Look for the dramatic Before and After photos on display!) Although she did mostly cosmetic changes to the interior, Cathia did extensive landscaping in both the front and back of the home with the help of Blair Farris Designs. The sitting area out front was her innovative idea to compensate for the lack









- of a front porch (prohibited due to setbacks). She had the front steps, walkway, and stoop rebuilt at the same time and added a custom front door inspired by one she admired on neighboring Kingston Ave.
- Keeping an air of nostalgia is important to Cathia. Note the simple chandelier in the powder room it is from her parents' original home when they married in 1960. She has lovingly moved it from house to house, always prominently displayed.
- Having always chosen to do her own interior designing keeps her homes intimate and a true self-reflection. For instance, she opted for a seating area in the kitchen where most folks would typically put a breakfast table. The "keeping room" section of the kitchen is her favorite part of the house and where she and her family and friends spend most of their time. The new casement windows she installed help bring the outside in, creating a kind of screen porch effect.





1513 IDEAL WAY



The Weil family has lived at 1513 Ideal Way since 1999. The Once the project was completed it fit perfectly into the original 1500 square foot home was built in 1949 on this quiet cul de sac. When the Weils purchased the property, they knew that they wanted to update, modernize, and expand the home. After years of research on designs and architects the Weils decided to entrust the project to David Misenheimer.

In February of 2017 the house was torn down. The new build was modeled after an original Dilworth home and completed by December of the same year. Due to the smaller size of their lot, the Weils were determined to maximize all the usable space with meticulous design and execution.

historic aesthetic of the neighborhood. The interior looks original but has an open modern feel with soaring ceilings and windows and beautiful wood elements. Julia is an artist and many of her pieces can be seen throughout the home. Both art lovers, she and Russell like to add a new piece of original work to their collection each year.





















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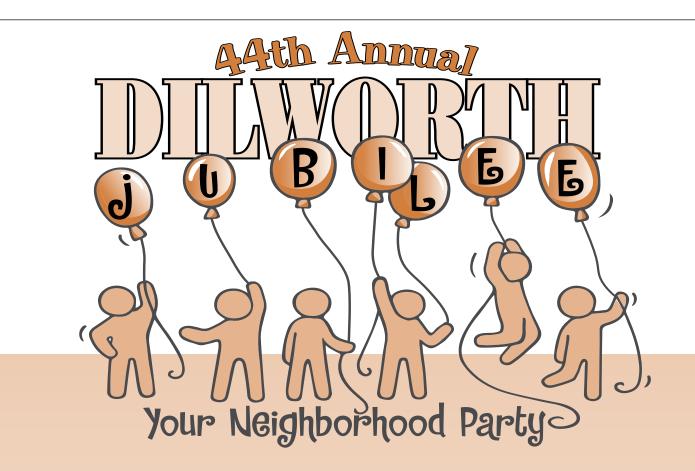


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Saturday October 6 • Latta Park at the Pavillion Come meet your neighbors! Bring a blanket or chair.

4:00 - 9:00 pm: Food trucks, craft beer and other beverages available **5:00 pm:** Registration for the Pet Parade **5:30 - 6:00 pm:** Pet Parade with Ramona Holiday Prizes for Most Like Owner, Best Costume and Cutest Trick 6:00 - 9:00: Live music, food trucks, craft beer

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From Dilworth Soup Kitchen to Dilworth **Elementary School**

Dilworth Community Association has absolutely loved its partnership with the Dilworth Soup Kitchen as our featured nonprofit for Dilworth over the last two years. Dilworth Soup Kitchen fulfills a vital need in the Charlotte community with



no charge,

just come and eat.

more than just high quality meals cooked by hand. Guests are welcomed warmly, served and seated with beverage refills provided guickly by eager volunteers. It has been pure joy to witness and participate in the

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spirit of fellowship and camaraderie that is enjoyed by quests and volunteers alike each and every Monday, even holidays. All the meals are prepared by volunteers using food provided through generous donations from some of the Charlotte area's best food suppliers. For more information about volunteer opportunities, please contact Mary Andujar by emailing her at mandujar13@hotmail.com.



Beginning with the Dilworth Home Tour in September, the "New" Dilworth Elementary School will begin its two-year partnership as the next featured nonprofit for the Dilworth Community Association. The "New" Dilworth Elementary school pairing will also begin this September and will encompass two campuses: the Sedgefield campus (grades K-2) and the Latta Campus (grades 3-5). Although there are two separate locations, this new school will in fact be one school, named Dilworth Elementary under one principal, Terry Hall. This is a unique and exciting opportunity for our neighborhood and our city to give increased opportunities to more children. Adopting the new school as our community partner will certainly help to ensure the success of this important school pairing which will serve as a model for the CMS school system. Rallying around this new venture will directly benefit Dilworth children and families as well as those living in our sister neighborhood just to the south, the Sedgefield neighborhood. There are many opportunities for those interested in being a part of this amazing outreach. For more information, visit the website www.dilworthpta.org or e-mail Jennifer Loeffler at jennloeffler@hotmail.com.



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Dilworth Elementary School



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Dilworth Soup Kitchen-A Kids Perspective

By Mary Owen, 11 years old

Being citizens of Dilworth, we all know what a wonderful neighborhood it is and what wonderful things are in it. I will be high lighting one of the best things in it: The Dilworth Soup kitchen. There are many great things that stretch from the generosity it shows to the people it helps. After reading this, I hope you learn some about the kitchen and learn some of the great things about it.

One great thing about the soup kitchen is that Dilworth is full of fortunate people, and everyone is willing to contribute to it.



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trips and do food drives. Not only do people help with it, but they are also happy to help, and enjoy having it there. Many children volunteer there and it is a great place for kids to learn to help out before getting a job. The soup kitchen is very eye opening for children and adults. It is great to have the soup kitchen to expose children to different life styles. That is one wonderful thing about the soup kitchen.

Many Dilworth events donate to it and many schools take field

The soup kitchen has been the charity of Dilworth Cares. Dilworth is the only neighborhood in Charlotte with a charitable giving committee. That shows that we care about charity and giving back. It is a good thing for children to look forward to joining when they grow up. This portrays the image and good example for kids to help to give back whenever they can.

Another thing about the soup kitchen is that it is a non-profit. A non-profit gives and takes no money. That means the people who volunteer do it out of the goodness of their own hearts and not for money. The people who work there just want to help out and make a difference. Some other people who help the soup kitchen a great deal are the people who give them the space. The Soup Kitchen is located on East Blvd, inside of First Christian Church. This Church graciously donates its space to the kitchen and is happy to help out.

One great thing that Dilworth does for the soup kitchen is that when we have fundraisers such as the Dilworth Home Tour, instead of donating all of the money to our neighbor hood, lots of it goes to the Dilworth Soup Kitchen. Being a nonprofit, the donations really help provide food for the kitchen to serve.

Another thing the Soup Kitchen does is that it invites everyone. It accepts all races, genders, ages, and religions. The Soup Kitchens main goal is to feed others, and that includes all income levels. They have no prejudices and love everyone. They want to help feed those who can't afford it, and give back to the community.

The last and most important thing about the soup kitchen is the people it helps. Many of the people it helps would not be able

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to have food without it. All types of people are there because all types of people need help. The soup kitchen is full of different ages, races, genders, ethnicities, and income levels. Many people have a low-income level. That makes the Soup kitchen "Souper" important.

I hope you have learned a little and thought about the importance of our Soup Kitchen. If you are ever looking for a way to help the community, I hope you consider volunteering at the Soup Kitchen. And, next time you drive by it, I hope you remember this, and think about what a wonderful place it is.



Dilworth Quarterly

Left: Soup Kitchen volunteers take a break.

CHARLOTTE COLLECTIVE

Save the Date:

The Charlotte Art Collective Holiday Art Show will bring fine art/craft to the Dilworth area on Saturday, November 17, from 10 am to 4pm at Avondale Church, 2821 Park Road. The show features top, local artists: painting, mixed media, photography, clay, pottery, felt hats, jewelry, book arts, prints, wood, fiber, baskets, mosaics, handmade soaps, and garden sculpture. It supports Dilworth Cares through a raffle of a "Basketful of Art" with proceeds going to their designated community campaign recipient, The new **Dilworth Elementary School.**

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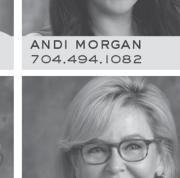
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TreesCharlotte + Dilworth = An Amazing Urban Forest!

By Catherine Cole and Jen Rothacker



It's hard not to love Dilworth's tree canopy. As one of Charlotte's older center city neighborhoods, Dilworth has benefitted from the treefriendly vision cast 100 years ago by past civic leaders.

TreesCharlotte, a 6-year-old non-profit that partners with the city of Charlotte to grow and preserve the urban forest,

Latta Park

is excited to announce we are returning to Dilworth's Latta Park this fall to help neighbors plant even more trees. Two years ago, we planted thirty-four flowering and canopy trees in the park and are happy to report they are flourishing! This fall, we plan to add another eight to ten trees.

While Dilworth certainly boasts some of the city's most beautiful tree-lined streets and yards, its canopy is in danger. Many of the biggest trees are growing old and fragile with each passing year and are at risk of falling or getting blown over by storms. In-fill development means the loss of more trees, and pests such as the emerald ash borer can devastate the tree population.

Unfortunately, this is the story across Charlotte. As our city booms with new economic development and a surging population, the urban forest is stressed. A 2012 survey found that 47 percent of Charlotte is covered by tree canopy. Five years later, early results from the latest survey are indicating a dramatic drop possibly 5 percent, or the equivalent of 500,000 trees.

A declining tree population will lead to harmful effects for everyone. Here are some quick facts on what trees are doing to benefit Charlotte:

Residents and businesses here save more than \$15 million

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Neighborhood

each year in cooling costs.

• Our trees remove 470,000 tons of CO2 from the atmosphere each year, saving us \$17 million.

• The urban forest scrub 5.4 million pounds of pollutants from the air every year, a service valued at \$6.9 million to the city of Charlotte.

We are thankful Dilworth is proactively building and caring for the canopy. Learn more about how you can help at TreesCharlotte. org. 📕





To Bee or Not to Bee

Organic Approaches to Apiculture

By Myron Greer Garden Design

We can learn many lessons from the honey bee, who also goes by the Latin name of Apis mellifera, hence the name Apiculture or better known as beekeeping. The relationship of the honey bee and the plant kingdom is a motion picture of cooperation and astonishment. The bee uses only what it needs to make honey and destroys nothing in the process. If you live in an area where someone has a hive and you are trying to grow flowers or food, thank that neighbor because they are providing you with the greatest pollinator available. Honeybees help to provide nuts, seeds, fruits, berries, trees, herbs, bushes, flowers and, of course, vegetables. All the while the bee is creating honey, a substance that is not only wonderful to eat but is also nature's first aid kit. Honey is medicinal in that it can decrease the healing time for wounds in both humans and animals. Many hospitals and clinics are using honey as a means for wound care today.

Our industrialized society has many good aspects, however, one aspect that is not beneficial to any of us is the long-term application of chemicals on our agriculture. Chemicals were born out of a need to take shortcuts with food production but





nature abhors a vacuum so without the bees we would be left to create our food needs and so far we haven't done a great job with that process. Not only do these chemicals poison our food, which in turn poisons our body, but it also poisons all the ecosystems

in its path. This includes the bees. Several years ago we began hearing the term 'colony collapse' where millions of bees died at once and the hives were left lifeless. After many years of scientific research, it was found that the dead bees had been exposed to Glyphosate and their immune systems and nervous systems were destroyed. Glyphosate is the chemical found in Roundup. Roundup still sits on the front shelves of most hardware stores in the country with the message that it won't kill the soil, only the weeds you spray. This is not true. It will kill the soil and everything else it touches including the food we put in our bodies. Biodynamic beekeeping is a more sustainable approach for the bees, and we crazy humans should go organic and stay organic. It doesn't take any more time or money to have a home organic environment.

In addition, it is awe-inspiring to sit and watch the bees at work. Every bee has its job and does it with mastery. If humans would work and live as bees, well suffice it to say we would not be dealing with the climate we are experiencing today.

Beginning beekeeping classes can be found at most county cooperative extension agencies. Also, NC State University has ample information on beekeeping. I suggest you take a class and start with one hive and begin growing a relationship with the bees. Teach yourself and your children to respect and honor the bees. They respond best to calm, peaceful environments so working with your bees at the end of a stressful workday is not the best plan. One great thing about having bees is they don't work or play in the rain so on those days you can sit and contemplate with them, to bee or not to bee.

> GENE MAPLES, DVM 2135 SOUTHEND DRIVE, SUITE 106 CHARLOTTE, NC 28203 (LOCATED BEHIND CHIPOTLE ON SOUTH BLVD) P: 704.632.8012 | F: 704.632.8016 INFO@SOUTHENDVET.COM

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Zen: A Fusion of Flavors in Dilworth

By Sis Kaplan

Zen Fusion is in Kenilworth Commons, located at 1716 Kenilworth Avenue. Some of you may know it as the Harris Teeter shopping center.

If you have ever been to Zen Fusion, then you have likely met Phong or Jenny Luong, the owners and by the way they are also married. They met when Jenny was working at another restaurant. They have been married 14 years and have two fantastic daughters. In full disclosure, up front, Zen is my local hangout.



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At Cottingham Chalk, relationships come first. Since 1983 we've led the way in residential real estate in Charlotte, guiding families through the process of finding the right home.

My family and I have called Dilworth home for the last 30 years and I would love the opportunity to help your family and friends call Dilworth home too.



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Phong was born in Saigon, Vietnam now called Ho Chi Minh City. He, his dad, older brother, and two younger sisters left in 1980 when Phong was thirteen. They paid the government to get out and went to a refugee camp in Indonesia. In 1983, sponsored by the Providence Baptist Church, they moved to Charlotte. Five years later they sponsored their Mother, Nathan and another brother bringing them to Charlotte to put the family together again. Phong went to school here and graduated from East Carolina University in 1991. He was the first in the family to graduate from college. From 1999 to 2001 he joined his older brother at Miro' a Spanish restaurant also in Charlotte. Today he and his wife are the proud owners of Zen Fusion.

Phong, Jenny and Chi, Jenny's brother, opened Zen Fusion in 2005 and it was the first Asian fusion restaurant in Charlotte. Chi now has his own restaurant, Persuasion, also in Dilworth. When I asked Phong to define Asian fusion, he said, "a combination of Chinese, Japanese, Thai and Vietnamese". They also used to own Sole', a Spanish restaurant just down the street on East Blvd. In 2010 the building where Sole' was located was sold and they lost their lease. So, that year Zen added the Sole Spanish menu to the Asian fusion menu. Some of their most popular dishes today in the tapas area — on the Spanish side are Blue Cheese Calamari and Gratinades and on the Asian side Spicy Tuna Nacho and Asian Pork Pot Stickers. Favorites for the main course on the Asian menu include Hong Kong Sea Bass and Vietnamese Beef, and on the Spanish side, Paella Valenciana and Cherrasco de Cerdo. Head to their website if you need a description of some of these great dishes. Fong said "everyone said we were crazy at the time and now they say we were innovative to combine these two menus". It has worked great because you can go to Zen several nights a week and eat a totally different cuisine. My favorites include fried calamari as an appetizer, the various stir fries, the Pad Thai and the paella. David Winecoff, the manager at Sole', joined the Zen family and is one of the Zen managers today. Nathan, Phong's





Dilworth Quarterly Dilworth Quarterly

younger brother, runs the bar at Zen. Yes, it is a family affair. Phong believes, "at the end of the day Jenny and I have created a family atmosphere". It really is a family atmosphere for the customers and the staff alike. The staff at Zen come from many diverse backgrounds and each has developed the Zen style of warmth and efficiency with an excellent knowledge of their menu and wine list. They are proud to be able to call many of their customers by their first names and have watched their customers children or grandchildren grow up eating at Zen. In so many restaurants the staff is always changing, but not at Zen. Phong and Jenny love the restaurant business and love being in Dilworth. They work in Dilworth, live in Dilworth and are supporters of many Dilworth activities.

In addition to the restaurant business, Phong and his brother Chi developed a software package for reservation and table management to take advantage of the iPad. They sold it a couple of years ago and it is primarily used in Asia.

OPEN Marchant

By Mary Beth Sensabaugh The Art of Health

If you are looking for a fresh approach to your health and your family's healthcare experience, check out The Art of Health, which is now accepting new patients right in Dilworth! Dr. Searson is a board certified Family Physician with 16 years of experience in Charlotte. She left her career at Atrium Health to start a solo practice in order to be able to spend more time with patients. Dr. Searson believes that the patient-doctor relationship and good communication are essential to providing the best care. Her goal is to help patients understand the underlying causes for health issues and work to reverse disease through lifestyle changes, rather than just handing out prescriptions. The Art of Health offers individualized holistic medical care for children and adults of all ages, relaxed 30-60 minute visits, direct communication with your doctor via email/text/phone, and same day sick appointments with YOUR doctor, all for less than the cost of your cellphone bill. For more information check out our website: www. theartofhealthdpc.com. We are located at 1902 East Boulevard, Charlotte, NC 28203. 704.537.5471.

Innovative Eye Care

Innovative Eye Care is excited to announce that we have expanded our current location to better serve the neighborhood and we're excited to show off our newly renovated space! We're also thrilled to announce that Dr. Caroline Fogleman has joined



September 2018

our team. Both Dr. Mumford and Dr. Fogleman are available for all your eye care needs, and we look forward to continuing to care for the Dilworth community. We are located at 1710 Kenilworth Ave. in the Kenilworth Commons Shopping Center. www. innovativeeyecare.net

Mere's

Think European fromagerie in the heart of Dilworth. This unique boutique celebrates Meredith Mullins's passion for cheese, The Dowd YMCA welcomes the community to see our new 40,000-square-foot, four-level addition featuring boutique yoga, charcuterie and wine while facilitating an experience for those barre, sports performance, CrossFit and an expansive rooftop with to enjoy. Whether you prefer a specialty board to go, customize outdoor workout space and a track. Come check us out and join us your own cheese and charcuterie order, grab a bottle of wine to at the Y! take for the evening, host a private event, or cater your next social occasion, MERE'S offers a complete "curated gourmet" continued on page 37 opportunity. Prepare to expose your palate through parings, tastings of many kinds. Did I mention the gourmet sandwich of the day? Yum!

MERE'S is located at 2400 Park Rd, Suite H. MERE'S can be followed at meresclt.com, @meresclt, Mere's CLT on FaceBook. Looking forward to 'creating the buzz" and being apart of this great community!!

YMCA of Greater Charlotte

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All businesses new to the Dilworth Community in the past year are welcome to send in some copy to promote themselves. This information will appear one time free. Article content must not exceed 100 words. E-mail your submission to Mary Beth Sensabaugh at msensabaugh@carolina.rr.com.

.......................

RN	Sarah Curme and Amanda Blackburn are your trusted Dilworth Home Tour experts. Both Sarah and Amanda are Dilworth residents and Realtors®/Brokers selling and renovating
com	homes in the neighborhood. Each year, Sarah and Amanda join 150 Dilworth residents and volunteers to rally behind Dilworth Cares, the charitable arm of the Dilworth Community
	Association. The Home Tour highlights the diverse variety of homes in Charlotte's first suburb. From historic to modern to newly reno- vated, colonial to bungalow to Victorian, the architecture and culture of Dilworth make it the melting pot neighborhood Sarah and Amanda love to call home.
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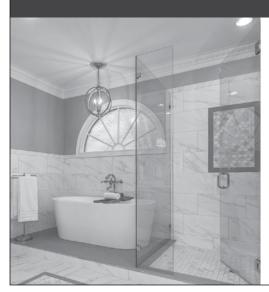
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September 2018







It is already here again... the 2018 Yiasou Greek Festival. Come to Holy Trinity Greek Orthodox Cathedral on Thursday through Sunday, September 6th through September 9th for one of Charlotte's largest cultural events.

Holy Trinity Greek Orthodox Cathedral 600 East Boulevard Festival Times are: Thursday, September 6th: 11:00 AM to 9:00 PM Friday - Saturday, September 7th & 8th: 11:00 AM - 10:00 PM Sunday, September 9th: 12:00 - 8:00 PM

The festival can be broken down into four categories again this year. The first category, and the most popular is the FOOD. Greek cuisine dates back thousands of years. Please note, Greek cuisine does not just date back to the year 2002 when My *Big Fat Greek Wedding* was showing in movie theaters here in Charlotte! Not only are Mediterranean foods delicious, but they are known to be part of a healthy lifestyle (well maybe not some of the desserts), but with fresh vegetables, olive oil, grains, fish, cheese, and meat, you are bound to find a healthy option when you are Greek for a day at the festival. And, whatever food you choose, you can have a full sit-down meal in the Father C hall on the church grounds, purchase food A La Carte outside in the tents, or drive up for your Greek cuisine on Winthrop Avenue between East Boulevard and East Worthington Avenue. Check out www. yiasoufestival.org to print and complete the drive thru menu for faster service.

The second category is entertainment. It has been said that "Nobody parties like the Greeks." From live dance performances and live music, to shopping and cultural events, the festival has something that everyone in your party can enjoy. Come hear Greek bands, view dance performances and cultural reenactments from members of our Charlotte Greek community. You can also attend lectures and learn about the Greek religion and Greek history.

The third category is the children's playland. The playland offers fun for children of all ages. Kids can have

Charlotte's Big Fat Greek Festival

their faces painted, make wax hands, play games and receive a caricature.

The fourth category is a tour. Do you ever walk or drive by 600 East Boulevard and wonder what the inside of the cathedral looks like? Come to the festival and see.

Please keep the following in mind:

Festival admission is \$3.00, but children under twelve are free as long as they are with a parent or quardian. Tip: Look for free tickets at some Charlotte area restaurants.

Pets are not allowed on festival grounds except for service dogs. If you have questions, please contact the church office at 704.334.4771. Also, please check out the website www. viasoufestival.org, and info@htgo.org. YIASOU!!!!

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Sept. 21 - 23 **Festival in the Park**

As you know, September is a very busy month in Dilworth. Like family. The festival gives the festival goer an opportunity to see, hear and learn from about 150 artists and crafts people who demonstrate and display their art. However, each year, offerings in the varieties of the art change. Additionally, you can also enjoy sounds from big band music, including close to one thousand entertainers who provide free ongoing performances at the The 54th Annual Festival in the Park returns to Freedom Park main Freedom Park stage and the many stages around it. Also, you can enjoy several varieties of food, jewelry, sculpture, silk screening, and young festival attendees can even have their faces painted, produce art of their own, and enjoy other interactive and At Festival in the Park, you can view and purchase excellent educational opportunities.

clock work, the Yaisou Greek Festival is held each year beginning the Thursday after Labor Day. The next weekend marks the annual Dilworth Home Tour where neighbors have the opportunity to show off their beautiful and unique Dilworth homes. And, the following weekend marks Festival in the Park. this year beginning on Friday, September 21st through Sunday, September 23rd. Just like in past years, admission to Festival in the Park, Charlotte's oldest art festival is free.

art from local and regional artists. Also, you can rely on Festival in the Park to offer a relaxed atmosphere with fun for the whole

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Dilworth Quarterly Dilworth Quarterly

continued on page 33



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Festival in the Park

Did you know?

• Festival in the Park was selected as one of the Southeast Tourism Society's Top 20 Events. It has also been named as one of

• In 2017, it is estimated that over 140,000 attended Festival in the Park, and seventy-two percent of attendees live within the Charlotte city limits.

• Seventy-seven percent of visitors have come back to the festival from a previous year, and some have attended for twenty years.

• Kings Drive Art Walk and Festival in the Park are related. Mecklenburg Schools, Children's Theatre of Charlotte, Carolina Raptor Center, Carolina Clowns, the Magicians' Stage, and the

• While many artists are from the Charlotte area, some artists come from as far away as Washington State, and this year over twenty-one states are represented.

Want to help? You can help at Festival in the Park!

- You can become a Friend of the Festival.
- Volunteer for Festival in the Park.



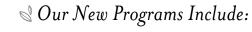
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Matthew Wheelock, DVM - Jill Smith-Wheelock, DVM Michelle Managan, DVM

We're right around the corner. Come see what all the excitement is about!!

Sunshine Artists Magazine's 200 best festivals.

Many organizations have actively participated in bringing art and entertainment to these two events including Charlotte Charlotte Folk Society, among others.

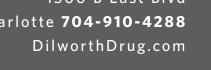


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- Josh & Jamie Rimany

- Support presenting artists by purchasing art at the festival.
- Tell your friends about the festival.
- Like the festival on Facebook.
- Hope for clear weather, no rain.

So, mark your calendars...

Festival in the Park 1409 East Boulevard Charlotte, North Carolina 28203 Phone 704.338.1060 festival@festivalinthepark.org e-mail festival@festivalinthepark.org

Friday, September 21, 2018 4:00 PM to 9:30 PM Saturday, September 22, 2018 10:00 AM to 9:30 PM Sunday, September 23, 2018, 11:00 AM to 6:00 PM See you there!



704-808-PETS (7387) www.DilworthAnimalHospital.com 814 East Blvd Charlotte, NC 28203



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MARKET SUMMARY

May 2018 | All Property Types (SFH & Condos/Townhomes) @

Market	Month to Date			Year to Date		
Summary	May 2018	May 2017	Percent Change	Year-To-Date 2018	Year-To-Date 2017	Percent Change
New Listings	24	27	-11.11% 😽	142	152	-6.58% 🦊
Sold Listings	24	22	9.09% 🏦	103	99	4.04% 🏫
Median Listing Price	\$569,000	\$610,000	-6.72% 🔻	\$575,000	\$460,000	25%
Median Selling Price	\$571,500	\$583,912	-2.13% 🔻	\$568,792	\$450,000	26.4% 🏦
Median Days on Market	4	16	-75% 😽	11	16	-31.25% 🤻
List/Sell Price Ratio	98.5%	99.1%	-0.56% 🔻	98.6%	98.8%	-0.19% 🔻
Average Listing Price	\$649,458	\$638,639	1.69%	\$630,371	\$546,038	15.44%
Average Selling Price	\$638,177	\$637,188	0.16% 🏦	\$623,677	\$541,160	15.25% 🏦
Average Days on Market	26	53	-50.94% 🛡	43	53	-18.87% 🔻

Finding Fifty

On Friday July 13, Chris and Tiffany Kete of East Worthington Avenue received a odd call: "I've got your cat..."

Fifty, East Worthington's roving ambassador of good will had been catnapped.

The Kete's black and white outdoor cat is known to wander. He would frequently follow walkers up East Worthington, requesting attention or to be petted. He was so prone to begging convincingly that several times people in the neighborhood had "adopted" him thinking he Fifty was an abandoned stray.

Fifty's humans had a tag made that said "I like people, I like interest: tv stations WCCB (channel 13) and WBTV (channel 3) to beg for food, but no need to feed me. Call this number if I'm have run tv segments and the *Charlotte Observer* and *Newsweek* bothering you." with his name and family's phone number on have run online stories. (All of these can still be viewed online). it. They even went as far as to put a GPS tracking device on his In the last week, Fifty's case has been assigned a police collar. detective.

So when the next words from the caller was "Is there a reward?" Chris's first response was "He's not lost."

After a few text messages that repeatedly asked whether there was a reward, the catnapper stopped responding to





Dilworth Quarterly



Chris. The Ketes eventually found Fifty's GPS at Tire Engineers (at the intersection of Park Road/ Kenilworth/Scott) and his collar was later found by a neighbor in the middle of Springdale Avenue.

Tiffany immediately posted on *Nextdoor Dilworth West* for people in Dilworth and surrounding neighborhoods to be on the lookout for Fifty ("Mature black and white neutered male cat. Large belly, he may look pregnant and crooked tail. Very people-friendly") as well as several Charlotte-based pet lost and found sites. Local and national, news media have shown an

Perhaps readers of the *Quarterly* can add their eyes and ears to help return Fifty to his family. If anyone has information, the Ketes can be reached at 216/789-0904. They've not given up hope in finding Fifty.

Merchant News

continued from page27

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YWCA

Did you know the YWCA co-ed gym is located only a few minutes from Dilworth on Park Road? Our gym offers a wide variety of amenities to help you reach your goals. You'll find we're much MORE than just a gym!

We're excited to share a multitude of fitness center upgrades over the past few months including fully renovated locker rooms, new equipment, and additional classes! Participate in one of our 63 exercise classes ranging from yoga, HIIT (High Intensity Interval Training), Pilates, cardio strength, spin (on new Keiser bikes), water aerobics, 15-minute intentionally focused workout Quick Classes and more!

We're proud to be your neighborhood gym where community meets fitness! www.ywcacentralcarolinas.org.

Here in Dilworth **By Mark West**

It's a poem; it's a quiz. If you can name these four places, You're a Dilworthian whiz.

A. Here sheep of concrete perpetually graze.

B. Here tracks are splayed out like yellow sun rays.

C. Here are stadium plans from the Ericsson days.

D. Here's where young Carson set forth on her writerly ways.

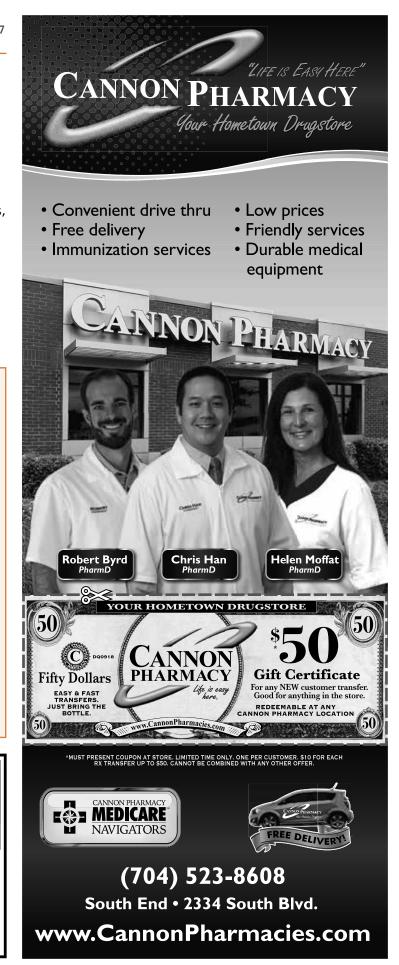
Answers: A.300 East, B.Latta Park, C.Mr. K's, D.Copper Restaurant

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Tom Sykes Rec Center Programs

Fall Calendar

September – November 2018

Pre-registration* is required for all programs. You can register online at www.parkandrec.com, by calling Tom Sykes Recreation Center at (980)314-1113 or by stopping by the center. For more information about all of Tom Sykes Recreation Center programs contact TomSykesRecreationCenter@MecklenburgCountyNC.gov.



Monday, October 31st 9:00 am - 5:00 pm • Ages 5 - 12 **Registration fee: \$30 per child**

Come join us for some Festive Fun n your Halloween Costume before or after Trick or Treating! Games Snacks, Costume Contests, Music Prizes, and more!

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PRESCHOOL PROGRAMS

Music Together of Charlotte

Music Together is children and their grownups joyfully sharing songs, rhymes, movement, and instrument play, both in music class and in their daily lives. A pioneer in early childhood music and movement education, Music Together offers classes in which parents and caregivers actively participate.

When: Mon.-Sat. Ages: 8 months - 5 years *Contact:* musictogetherofcharlotte@gmail.com

Afterschool Programs

Days: Every Monday, Tuesday, Thursday, Friday *Time:* 2:45pm-6:00pm *Ages:* 5-12 • *Cost:* \$6 per class

Intro to Sports: Mondays (Sept-Oct)

Participants will have fun learning the basics of a different sport each week. Soccer, football, basketball and nontraditional sports will be explored

Fort Building: Tuesdays (Sept- Oct)

Using teamwork and engineering skills, participants will design a template for their forts and build them together with materials gathered from around the facility. Focus on different aspects of architectural design will be explored each week in a thrillingly explorative setting!

Art Adventures: Tuesdays (Oct - Nov)

Learn by making & develop creative, social and expressive skills. We will work together to build cool projects.

Natural Explorers: Wednesdays (Sept-Oct)

Come explore the natural world! Participants will explore the big and



small elements of nature as they follow through the "Natural Explorers" handbook and discover the environment around them.

Juggling: Wednesdays (Oct-Nov)

Program will foster improved concentration, eye-hand coordination, fine motor skills, teamwork, self-confidence and behavior in a nurturing environment where all participants support and encourage the learning of others through juggling.

Specialty Sports: Thursdays (\$45.00)

Lacrosse: September Flag Football: October

Free Play Fridays: (All Fridays)

Come enjoy a fantastic Friday! Participants will have a wide variety of activities to choose from and our staff will have a specialized activity that will vary week to week incorporating several skillsets and new discoveries.

YOUTH SPORTS

Basketball: Co-Ed

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

Registration: Oct.1st- 31st

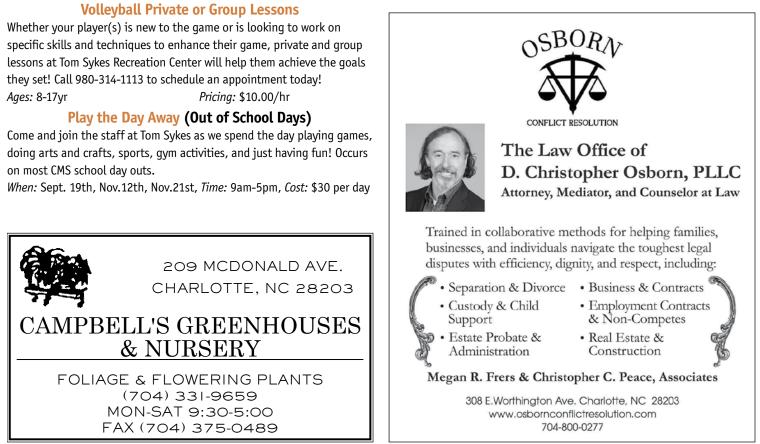
Ages: 3-5yrs, 5-6yrs, 7-8yrs, 9-10yrs, 11-12yrs, 13-14yrs

Practices & Times: TBD * Practices held at Tom Sykes Recreation Center* Games: December – February

Cost: Ages 8 & Under - \$55.00 / 9-10yrs - \$65.00 includes uniform and medal

YOUTH PROGRAMS

Pricing: \$10.00/hr



Start Smart Soccer

Start Smart Soccer is a co-ed, developmentally appropriate introductory soccer program for children 3-5 years old. The program prepares children for organized soccer in a fun, non-competitive environment. Parents will have an active role in teaching participants how to kick, dribble, trap and perform throw ins.

Registration: August-September Ages: 3-5yrs Practices & Times: TBD * Practices held at Tom Sykes Recreation Center* *Games*: October-November Cost: \$45.00

ALL AGE PROGRAMS

Private Bike Lessons

Come work with our LCI certified staff to learn to ride bikes, or increase your knowledge of safety skills. We will go over the basics of peddling, balance, steering and get you from zero to riding! All ages are welcome, but training wheels are not! Pre-registration is required. When: Scheduled around your availability and our staff's, typically

weekday evenings and weekends

Cost: FREE

Private or Small Group Inline Skating Lessons

From skating for fun and fitness, to skating for sport such as hockey, or even skate to ski, we've got you covered! All skills covered in this program are transferrable from pavement, to ice and even on snow. All ages and skill levels welcome! Pre-registration is required.

continued on page 41

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A DILWORTH TRADITION LOCATED AT THE CORNER OF PARK ROAD AND IDEAL WAY 2200 Park Road • 704.335.0033 • facebook.com/edstavernnc • instagram.com/edstavernnc

Tom Sykes

When: Scheduled around your availability and our staff's, typically weekday evenings and weekends Cost: FREE

Private or Small Group Badminton Lessons

Experience "real" badminton! Learn proper footwork, defensive and offensive stance, racket grip and stroke, effective court positioning and more. After all the drills and hard work, enjoy a friendly match to see how much you've improved. All ages and skill levels welcome! Pre-registration is required.

When: Scheduled around your availability and our staff's, typically weekends Cost: \$10.00/hr

Music: Piano Lessons

Piano lessons available for all ages and skill levels! When: Monday and Wednesday Time: Beginning at 4:30pm Cost: Half Hour Lesson - \$23 *Contact*: Amouel Brackett at amouel@aol.com or 704/965-1235

Private Dance Lessons

A chance to focus on individual interests in the world of dance and movement in small groups ranging from 1-6people Cost: \$10.00/hr

When: Based on availability – Call to schedule an appointment today! (Typically Wed/Fri evening)





Dilworth Quarterly

Dilworth Quarterly

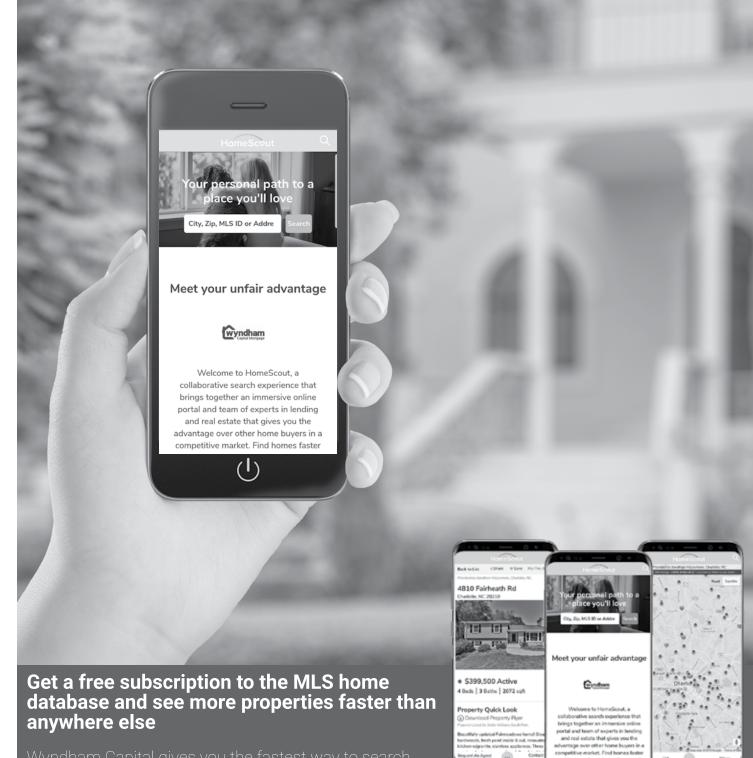
Enjoy relaxing bike rides throughout Mecklenburg County greenways. These "no-drop" rides are perfect for all ages and skill levels because the greenways are paved and relatively flat. Minors need to be accompanied by an adult and the use of helmets are required. Participants are encouraged to bring their own bikes and helmets due to a limited number of "loaner gear" available for the duration of the program. Pre-registration is required. When: Weekends, exact dates and time TBD Cost: FREE Hikes with Tom Sykes

Come hike with us! Enjoy the wonderful nature trails that Mecklenburg County has to offer. Closed-toe shoes and adventurous sprits required! Minors need to be accompanied by an adult. Pre-registration is required. When: Weekends, exact dates and time TBD Cost: FREE

Facility Staff:

Gabe Hackney, Facility Manager Shauna Powell, Recreation Specialist David Santos, Recreation Specialist Breanne Horne, Recreation Assistant **Reggie Mobley, Recreation Assistant** Sherrie Nelson, Recreation Assistant Kayla Price, Recreation Assistant Bryant Robbins, Recreation Assistant

Greenway Bike Rides



... and finally A Note of Thanks

The Dilworth Community Association (DCA) would like to thank Mathew Demetriades for his years of service to the association. For the past two years, Mathew has been the Quarterly editor. This issue is his last. I sat down with Mathew to discuss his two years as *Quarterly* editor...

DQ: Tell us about yourself.

MD: I've lived in Charlotte for 17 years and Dilworth for the last 12 years.

DQ: What's your favorite part about living in Dilworth? **MD:** Meeting new people and the walkability of the neighborhood.

DQ: *Prior to being the editor of the* Quarterly *you were the* president of the DCA. How did you get involved with the Quaterly? **MD:** I was initially the editor of the *Dilworth Express*. When Cynthia Schwartz, the former editor of the Quarterly, moved to DC, I thought I would give editing the *Quarterly* a try.

DQ: What will you miss?



once you've found a place you love. Join our growing



MD: I will miss working with the DCA board, neighbors and committes, but still plan to write for the *Quaterly*. You're not rid of me yet!

DQ: What would you say to encourage someone to step up as editor?

MD: You'll meet a lot of great people and you're doing a terrific service to the community. For example, when I'm at the grocery store, people will



Mathew Demetriades

say "Hey it was a good good issue!" or "Thanks for that story!" And I think it's an opportunity to put your own fingerprints on the newsletter as well as make a contribution to Dilworth.

DQ: Can you describe what makes a perfect editor? **MD:** Someone who is open minded and willing to write about different things going on in the neighborhood. Also, being a good motivator is important.

- **DQ:** *Do you have any anything you want to say the* Quarterly readers?
- **MD:** Thank you for your feedback and suggestions. I truly will miss the *Quaterly*. I've felt fortunate to have been able to edit it for the last two years.

Your Dream, Our Passion

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